

Vagisan® Intimate Wash Lotion

For daily gentle cleaning of the external intimate area

Women trust

Vagisan Intimate Wash Lotion

Correct intimate hygiene means feeling completely cared for and protecting the intimate area by maintaining a healthy skin flora.

By choosing Vagisan Intimate Wash Lotion, you have selected exactly the right wash lotion for your intimate area.

It is particularly kind to the skin and stabilises your skin's natural protective function.

Trust in the gentle caring formula of Vagisan Intimate Wash Lotion.

The skin – a vital organ

With an area of almost two square metres, the skin is our biggest organ. It shields us from harmful external influences and protects us from dehydration and pathogens.

In addition, it is an important sense organ and regulates the body's temperature.

The skin's most important shield is the horny layer of the epidermis with its hydrolipid film, which consists of fats and moisture-binding components.

The skin's pH – naturally acidic

As you may know, our skin's pH or, more specifically, that of the hydrolipid film, is about 5.5.

As an acidic pH wards off bacteria, we also talk about the skin's protective acid mantle.

Various components of the hydrolipid film are responsible for the low pH value: lactic acid and various amino acids in our sweat, free fatty acids in the sebum and cell components of the skin's horny layer.

Correct hygiene is important

The skin – especially in the intimate area – is sensitive to alkaline soaps and shower gels. Aggressive cleansers attack the skin's acidic hydrolipid film, impairing its natural protective function.

Incorrect or excessive hygiene therefore often leads to itching and can promote infections caused by disease-inducing fungi or bacteria.

Requirements of an intimate washing lotion

For your intimate area you need a wash lotion which is tailored to the needs of your skin.

A wash lotion for daily intimate care should have a pH equivalent to that of the skin, making it especially skin-friendly. In addition, it should regenerate the skin's natural protective acid mantle and also stabilise the skin's natural microflora.

Vagisan Intimate Wash Lotion – mild and effective care

There is a wash lotion which is perfectly tailored to meet the needs of skin in the intimate area: Vagisan Intimate Wash Lotion. The mild cleansers clean the skin in this area effectively yet gently. Lactic acid ensures a skin-friendly pH value of around 5. Thus, when applied, the skin's natural acid mantle and protective environment are

both maintained and saved. The added chamomile extract soothes the skin. Vagisan Intimate Wash Lotion helps to preserve the health of your intimate area.

As clinical trials have emphasised, Vagisan® Intimate Wash Lotion is exceptionally well tolerated.

Use of Vagisan Intimate Wash Lotion

You can use Vagisan Intimate Wash Lotion just like a shower gel in the intimate area. Apply a peanut-sized amount to the palm of your hand, distribute over the moistened skin and then rinse off thoroughly.

Vagisan Intimate Wash Lotion can be used every day, including during menstruation. The wash lotion is suitable for all age groups and can also be used by expectant mothers. Vagisan Intimate Wash Lotion can be used for gentle cleaning of the outer intimate area in parallel with medical treatment of vaginal infections (e.g., due to bacteria or fungi).

Ingredients

Aqua, Sodium Laureth Sulfate, Sodium Coco-amphoacetate, Cocamide DEA, PEG-7 Glyceryl Cocoate, Propylene Glycol, Sodium Chloride, Lactic Acid, Chamomilla Recutita Flower Extract, Disodium Laureth Sulfosuccinate, Potassium Sorbate, Sodium Benzoate, Parfum.

Tips for intimate care

In addition to the daily use of Vagisan Intimate Wash Lotion, there are a number of other measures which can be taken to see to a healthy intimate area.

1. When showering, wash your intimate area with your hand and not a flannel – as this can be a feeding ground for bacteria. Alternatively, you could use a fresh flannel every day.

2. Change your underwear and towels regularly. The same applies here: Don't give germs a chance.

3. Keep your intimate area dry and make sure that the skin can breathe.

You should ideally wear breathable underwear to guarantee optimal conditions. If you wear pantyliners, make sure that these are also breathable.

4. After going to the toilet, always wipe yourself from front to back. This prevents intestinal bacteria from entering the vagina.

5. A healthy, vitamin-packed diet helps to strengthen the body's natural defences.

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